



413-781-0800

http://springfield.deliveryexpress.com

# Solmar

## Appetizers

Picadinho - pork	\$14.50
<i>Pork sauteed in white white garlic sauce</i>	
Picadinho - chicken	\$14.50
<i>Chicken sauteed in white white garlic sauce</i>	
Picadinho - shrimp	\$15.55
<i>Shrimp sauteed in white white garlic sauce</i>	
Amerijoas a Portuguese	\$13.45
<i>Clams Portuguese style</i>	
Basket of Fries	\$6.15
Amerijoas a Portuguese with cheese	\$14.50
<i>Clams Portuguese style with cheese</i>	
Basket of Onion Rings	\$7.25
Amerijoas a Espanhola	\$15.55
<i>Clams Portuguese style</i>	
Boneless Chicken Tenders	\$11.35
<i>Order of 5 either plain or buffalo.</i>	
Amerijoas a Bolhao Pato	\$15.55
<i>Clam in garlic sauce and cilantro sauce (chefs specialty)</i>	
Broccoli n Cheese Bites (8)	\$10.35
Camarao a moda da casa - Small	\$12.45
<i>Home-style shrimp (house specialty)</i>	
Camarao a moda da casa - Large	\$15.55
<i>Home-style shrimp (house specialty)</i>	
Chicken Wings - Small (8)	\$10.40
<i>Served with Amelia's sauce</i>	
Chicken Wings - Large (15)	\$15.60
<i>Served with Amelia's sauce</i>	
Chicken Quesadilla	\$11.35
Fried Ravioli (8)	\$11.35
<i>Order of 8. Breaded and fried cheese ravioli with marinara sauce.</i>	
Chourica Assada	\$11.35
<i>Grilled Portuguese sausage.</i>	
Jalapeno Poppers	\$10.35
<i>With Cream Cheese</i>	
Mac n Cheese Bites (8)	\$10.35
Mozzarella Sticks - Small (5)	\$9.30
Mozzarella Sticks - Large (8)	\$11.35
Nachos	\$9.30
Nachos with Chicken	\$11.35
Steak Quesadilla	\$11.35

## Dinners - Seafood

**All Dinners served with bread and butter, vegetables, choice of potato or rice and choice of soup or salad.**

Camarao a Mozambique	\$24.90
<i>Amelia's Butterfly Shrimp</i>	
Gambas Recheadas	\$24.90
<i>Oven Baked Stuffed Shrimp</i>	
Espadarte Grelhado	\$25.90
<i>Grilled Swordfish with vegetables</i>	

## PIZZA - Build your own flatbread pizza

Cheese Flatbread Pizza	\$10.40
Flatbread Pizza - up to 3 toppings	\$15.08

## Lunches

Lunch - Chourica Omelet	\$10.35
Lunch - Shrimp Omelet	\$10.35
Lunch - Arroz de Camarao	\$15.55
<i>Shrimp and rice</i>	
Lunch - Bitoque	\$18.67
<i>Small steak topped with one egg served with fries and rice.</i>	
Lunch - Clams a Chefe	\$15.55
<i>Chef's specialty clams</i>	
Lunch - Shrimp a Casa	\$15.55
<i>Home style shrimp</i>	

## TACO Tuesdays

**Starting at 5pm every Tuesday**

Small Hard Taco with Cheese	\$3.15
Small soft taco with cheese	\$3.15
Taco salad	\$11.30
<i>With beef or chicken</i>	
Taco Salad with Grilled Steak	\$15.55
Taco Platter - Beef or Chicken	\$10.35
<i>2 large soft taco served with cilantro - choice of chicken or beef</i>	
Jalapeno Poppers	\$10.35
Mexi-Skins	\$11.35
<i>Potato skins with taco meat, onions and cheese</i>	
Nachos (Tuesday)	\$9.30
Chicken Fajitas (Tues)	\$17.65
Steak Fajitas (Tues)	\$20.75
Nachos with Chicken (Tuesday)	\$11.35

## Sandwiches

**All sandwiches are served with shoestring fries**

Steak Sandwich	\$14.45
<i>Grilled Sirloin, onions, peppers and cheese.</i>	
Cajun Chicken Panini	\$13.45
<i>Cajun chicken with array of spices served with honey mustard.</i>	
Tuna Melt Panini	\$12.35
<i>Tuna in mayo, lettuce, tomato, onion and cheddar jack cheese.</i>	
Chourica Bomb	\$12.35
<i>Grilled Portuguese Sausage with with the works.</i>	
Presunto & Cheese Sandwich	\$11.39
Fish Sandwich	\$11.39
<i>Served with cheese, lettuce, tomato and tartar sauce.</i>	
Bifana Sandwich	\$11.39
<i>Thinly sliced pork in Portuguese roll</i>	
Bifana Special Sandwich	\$12.35
<i>Above with cheese, peppers, onions</i>	

## Soup

Caldo Verde Kale Soup- Cup	\$6.25
Caldo Verde Kale Soup- Bowl	\$7.25
Soup of the Day- Cup	\$6.25
Soup of the Day- Bowl	\$7.25

## Salads

**Dressings: Bleu Cheese (additional charge), French, Dijon Vinaigrette, Italian, Lite Italian, Ranch.**

Chef's Salad	\$11.35
<i>Turkey, ham and cheese served on a tossed salad</i>	
Garden Salad	\$7.25
<i>Fresh lettuce, peppers, tomatoes and cucumber served with your choice of dressing.</i>	
Grilled Chicken Salad	\$11.35
<i>Grilled chicken served on a tossed salad</i>	
Tuna Salad	\$10.35
<i>Tuna mixed with celery, mayo and onions served on a tossed salad.</i>	

## Wraps

**All wraps are served on tomato wraps with shoestring fries**

Buffalo Chicken Wrap	\$13.45
<i>Breaded or grilled chicken breast southwestern style with lettuce, tomato and cheddar cheese.</i>	
Honey Mustard Chicken Wrap	\$13.45
<i>Breaded or grilled chicken breast, honey mustard, lettuce, tomato and cheddar cheese.</i>	
Lisbon Chicken Wrap	\$13.45
<i>Breaded or grilled chicken breast, thin sliced presunto, cheddar jack and bistro cheeses.</i>	
Turkey Wrap	\$13.45
<i>Turkey, lemon pepper mayo, bacon, roasted red peppers, lettuce and cheddar cheese.</i>	
Veggie Wrap	\$11.39
<i>Rice, cheese, peppers, onions, tomato and lettuce.</i>	

## Desserts

Pudim de Bolacha	\$6.15
<i>Pudding and crackers</i>	
Fried Oreos	\$9.30
<i>Served with vanilla ice cream</i>	
Pudim de Flan	\$6.15
<i>Custard pudding with caramel</i>	

Mariscada a Chefe	\$33.05
<i>Shrimp, lobster, clams and scallops stewed in a special sauce.</i>	
Filets Recheados	\$20.75
<i>Oven Baked Stuffed Scrod</i>	
Camarao a Casa	\$19.70
<i>House Specialty Spiced Shrimp served with rice or fries</i>	
Salmao Grelhado	\$23.85
<i>Grilled Salmon with vegetables</i>	
Bacalhau Assado con Pimento	\$24.90
<i>Grilled Cod Fish served with peppers and onions</i>	
Filets de Peixi Fritos	\$17.70
<i>Deep Fried fish fillets</i>	
Lulas Grelhadas	\$24.90
<i>Fresh Grilled Squid</i>	
Scrod Franchise	\$20.75
<i>Served over penne pasta</i>	

Cheeseburger Special	\$12.35
<i>Served with cheese, lettuce, tomato, and mayo</i>	
Chicken Sandwich	\$12.35
<i>Grilled or Breaded chicken with lettuce, tomato and mayo.</i>	
Hamburger	\$11.39
<i>A beef patty char-broiled to your liking</i>	
Presunto Toasta Mista	\$12.35
<i>Sliced Presunto with cheese, basil pesto, spices, lettuce in a balsamic vinaigrette.</i>	

### **Dinners - Beef**

***All Dinners served with bread and butter, vegetable, choice of potato or rice and choice of soup or salad.***

Bife a Casa	\$24.90
<i>Grilled sirloin steak of Solmar with egg and presunto</i>	
Espetada a Chefe	\$28.00
<i>Chef's specialty Sirloin Shish-Kabob</i>	
T-Bone Augie Style	\$28.00
<i>Juicy Sirloin Steak served with onion, pepper and shrimp on top</i>	
Dinner Bitoque	\$21.75
<i>Dinner size steak topped with one egg. Served with fries or rice.</i>	
Bourbon Glazed Pork Shank	\$19.70
Febras Grelhadas	\$19.75
<i>Marinated thin Pork cutlets</i>	
Carne de Porco a Alentejan	\$20.75
<i>Clams and Pork served over fries</i>	
Grilled Pork Chops (2)	\$20.75
<i>Comes with two sides</i>	
Chicken Franchise	\$20.75
<i>Served over pasta or rice.</i>	
Cajun Chicken Alfredo	\$20.75
<i>Served over rice of pasta</i>	
Chicken Marsala	\$20.75
Pasta Primavera (no meat)	\$16.55
<i>Peppers, broccoli and onions.</i>	
Pasta Primavera with Chicken	\$19.70
Pasta Primavera with Shrimp	\$19.70